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„Supporting professional development of adult trainers in Estonia“

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Themes

- **Background-** basic skills concept, situation in Estonia
- **Example from trainer experiences** - what does it mean to work with low skilled adults?
- **Adult trainer programm for teachers in formal education** - a ministry initiative through ESF fund in 2018



Background

**19,4 % of adults
participate in LLL**
(2019, I kv)

**approx. 4,9 % of low
skilled adults
participate in LLL**

**17,6 % of vocational
institution students are
30 + years old**

- Adult learners **are everywhere** – in adult gymnasiums, vocational schools, high schools, adult education training centres etc.
- Basic skills through the life span becomes **widely needed and understood**
- **Wide range of private organisation** that offer all kind of adult trainings (more than 1000)
- Looking for low skilled adult is a challenge for **system and schools**, having low skilled adult in a classroom is a challenge **teacher**



Challenge for trainer: what does it mean?



Methods:

- **Narratives** that help learner to construct their learning and take initiative for the learning
- Test, quizz and videos based on **emotions**
- **Creative** methods
- **Simulations** together with reflections and feedback

Teachers need:

- **High competence** of using different methods
- Professional **group process** management
- **High awareness and competence** of „hiding“ basic skills development into the learning process



Results



Riina Kütt

*Adult trainer in study skills
training course for adults
in 2019*

*„I have seen how participants
**get a connection with
themselves**, finding their
learning, creative and curious
part of themselves. I have seen
people making **real plans for
their studies** and start to
implement them together with
their friends, family or learning
group members as supporters.“*



Trainings for teachers (2018)

- **Main purpose:** focus on learning centred approach and raise the willingness to work with adult learners in formal education
- 12 different courses, two of them focused on **key competence** and **study skills development**
- 857 participants from adult gymnasium, vocational schools, high schools



Outcomes of study skills courses

To:

- learn supportive methods to develop learners **studying skills and self-reflection skills**
- **analyse their courses** from study skills perspective
- **notice study skills** level of learners
- support **self-directed learning** through learning aims and learning results analysis



Outcomes of key competence courses

To:

- adapt activities that **support key competence** development to vocational studies
- **analysing courses** in the perspective of key competences
- **describing learning outcomes** that support key competences and choosing suitable methods to evaluate the results



Main results for participants

Variety of methods, (for reflection and group work)

Communication skills in different situation

Analysing teachers action more

Taking adult learners needs into account



Conclusion

- Basic skills training in adult learners perspective in teacher / adult educators training **is needed more than ever!**
- Methodological level - it needs **more attention** to raise the awareness and skills of teachers / trainers to adapt basic skills into the process
- It is time to put a lot of attention to basic skills





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Thank you!

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